



**Association  
of Anaesthetists**

## SAS Seminar 2020

**Thursday 22 October 2020**

**Location:** Online

**Organisers:** Dr Thomas James, Chair, SAS Committee & Dr Manoreet Sihera, SAS Committee Member  
Association of Anaesthetists

- 10:20 Introduction**  
Dr Thomas James, Chair SAS Committee, Association of Anaesthetists & SAS Anaesthetist Harrogate and District NHS Trust
- 10:30 Mentoring & Wellbeing**  
Dr Nancy Redfern, Former Vice President Association of Anaesthetists
- 10:50 Career Development for the SAS Anaesthetist**  
Dr Anthea Mowat, Former Chair BMA Representative Body
- 11:10 Bullying & Harassment**  
Dr Robert Self, Board Member Association of Anaesthetists & Consultant Anaesthetist Royal Marsden NHS Trust
- 11:30 BREAK**
- 11:40 Workshop ONE:** Dr Ann Harvey, 'Making Change Happen' Consultant Anaesthetist Royal Cornwall Hospitals NHS Trust
- 12:00 Medical Management**  
Dr Sara Law, SAS Anaesthetist & Associate Medical Director, Buckinghamshire NHS Trust
- 12:20 Workshop TWO:** Dr Reshma Khopkar, 'SAS Doctors: Improving Our Image'  
SAS Anaesthetist Royal Berkshire NHS Trust & SAS Committee Member, Association of Anaesthetists
- 12:30 BREAK**
- 12:45 Job Planning & Supervision**  
Dr Lucy Williams, RCOA Council Member & SAS Anaesthetist Great Western Hospitals NHS Trust
- 13:00 The SAS Sabbatical**  
Dr Rebecca Brooks, SAS Anaesthetist Royal Cornwall Hospitals NHS Trust
- 13:30 SUMMARY**